



1401 WEST PAWNEE STREET
CLEVELAND, OK
74020
918-358-2501
CLEVELANDAREA HOSPITAL.COM

HEALTH



Rural Health Day

Blood Drive

Department Recognitions



Nicole
Patient Service Representative



Nicole began her career in healthcare as a Patient Service Representative with us at Lake Area Medical Associates this year. She recently graduated from Northern Oklahoma College with an associate's degree in Business Administration and is also CPR certified. Nicole may be new to our organization, but her 'sweet personality', drive to learn, and great customer service already stands out.

Nicole says she was drawn to Lake Area Medical by its location; with it being so close to her hometown of Mannford, she gets to work with multiple people who she grew up with. Her favorite part of her position is being able to interact directly with patients and having the opportunity to help them when they need it the most. She also feels that management genuinely cares about staff success and strives to meet their needs as employees, the same as they do for patients.

Some of Nicole's hobbies include 'glamping' with her family and friends, walking her dogs, and running. She also enjoys playing disc golf and going to the lake!

Thank you for all that you do for our organization, Nicole! We appreciate you.

Maggie
Certified Nursing Assistant

Maggie has been with our organization as a Certified Nursing Assistant for just over a year. Originally, before receiving her CNA, she attended school for Medical Assisting and Phlebotomy. Maggie is known for her ability to make people smile and her dedication to our patients' care.

Maggie tells us she became interested in her profession after leaving her first job to begin Technical School while taking care of her grandma. In that time, she learned of her love for helping people maintain their normal lives as best as possible and helping them grow stronger. She was drawn to our organization by watching her sister work here first and seeing her enjoy what she does. Now after working here for some time herself, Maggie says her favorite part of her day-to-day job at Cleveland Area Hospital is seeing her patients set difficult goals and watching them surpass their own expectations.

Some of Maggie's interests include going on road trips and spending time with her friends and family. Though Maggie is from Mannford, she also enjoys shopping at our local boutiques and eating at Hickory House!

Thank you for your dedication to putting a smile on our patients' faces and ensuring they receive high quality care, Maggie! We appreciate you!



October Recognitions

HAPPY NATIONAL RAD TECH WEEK

NOV. 8TH - 14TH

Cleveland Area
Hospital

NOVEMBER 8-14: Rad Tech Week

From November 8th to 14th, we celebrated our Radiology team! Debbie Smelser, Sharon Combass Bartley, Kali Jo Marshall, Jamie Petrunak, Rhonda White, Tammie Carlson Levin, Will Morton, Nick Jenkins, Christopher Vargas, Steven Hancock, Autumn Mitchell, and Holly Fitzpatrick do a wonderful job caring for our patients. Thank you all for your hard work and dedication!

HAPPY NATIONAL NURSE PRACTITIONER WEEK

NOV. 9TH - 14TH

Cleveland Area
Hospital

NOVEMBER 9-14: Nurse Practitioner Week

From November 9th to 14th, we celebrated our Nurse Practitioners Heather Maxwell, APRN-CNP, Karen Williams, APRN, and Shawna Shipman, APRN-CNP! Thank you all for your dedication to compassionate, high quality patient care. We appreciate you!

HAPPY NATIONAL ACCOUNTING DAY

NOVEMBER 10TH

Cleveland Area
Hospital

NOVEMBER 10: Accounting Day

November 10th, we celebrated our Accounting team! Thank you Nathan Langford, Mary Thornton, and Ray Moss for your dedication to our organization. We appreciate you!

November 19, 2020

#powerofrural

National Rural Health Day

Celebrating the Power of Rural!



TM

IT'S NOT JUST A DAY, IT'S A MOVEMENT.

On November 19th, Cleveland Area Hospital celebrated National Rural Health Day. This annual event recognizes the importance of rural healthcare and brings focus to issues that rural communities often face regarding wellness.

More than 57 million Americans populate rural areas, which spread out over 72% of the US's total land area. However, this only makes up 19% of the US population. Moreover, living in less populated, wider areas can pose many problems to receiving accessible quality care. In an emergency situation, a rural community member's life could

depend on the amount of time it takes to get from their home to a quality healthcare center.

The Oklahoma state population is an estimated 3,931,000 people with roughly 1,338,089 of those individuals living in rural communities. There are 94 rural hospitals that help to provide more accessible healthcare to those rural communities. Cleveland Area Hospital is proud to be one of those 94 rural hospitals offering high quality and convenient services. We are so glad to be able to serve all of you and be a part of this community!





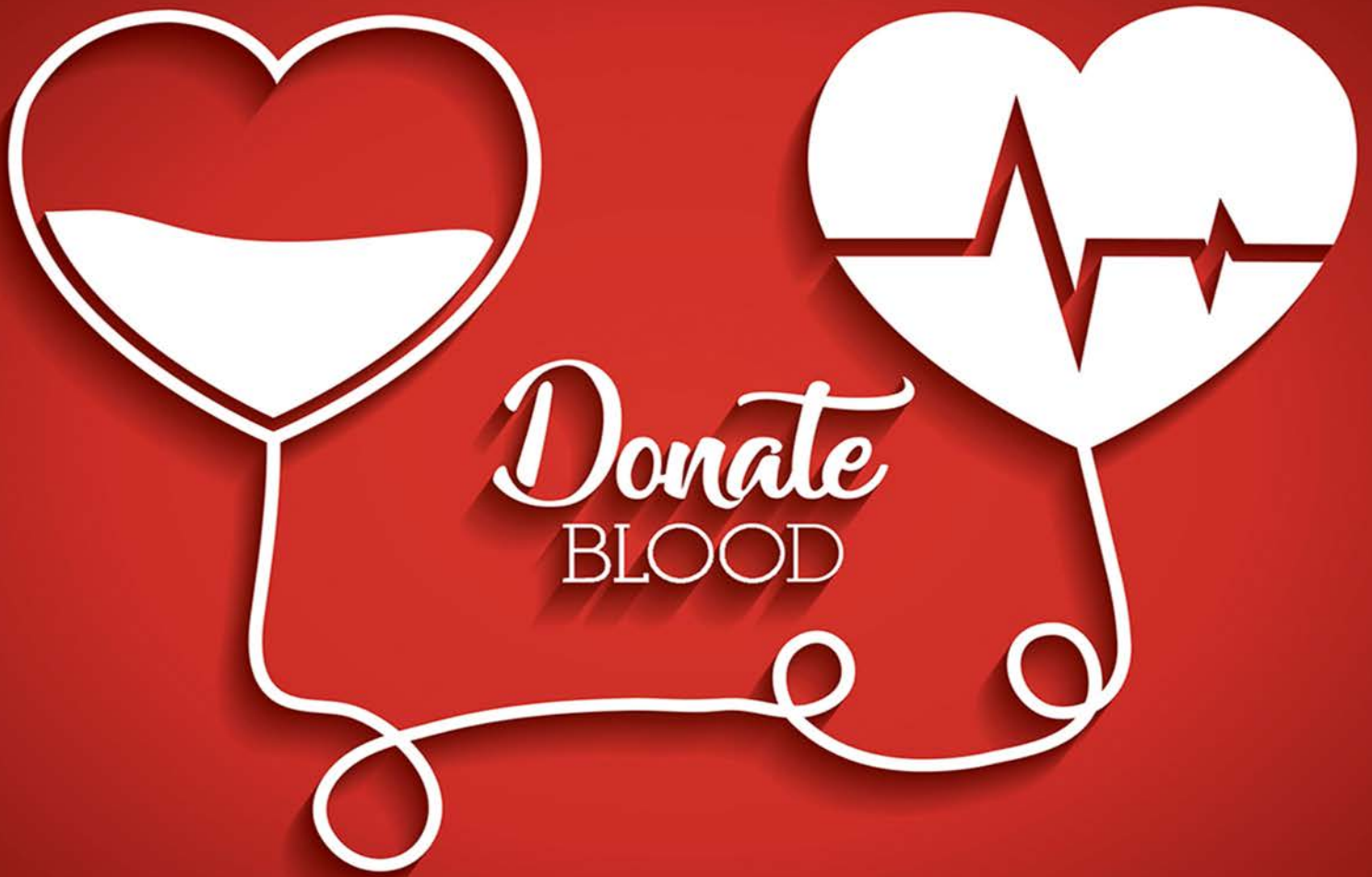
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The Power of Rural

Commitment. Quality. Close to Home.

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The American Red Cross now faces a nation-wide blood shortage. Healthy individuals are needed now to donate to help patients counting on lifesaving blood. The Red Cross provides about 40% of our nation's blood and blood components, all from generous volunteer donors. Every 2 seconds someone in the U.S. needs blood, and 1 donation can potentially save up to 3 lives! Each new donor helps the Red Cross to meet patient needs.

The Red Cross understands why people may be hesitant to come out for a blood drive but wants to reassure the public that blood donation is a safe process. Additional precautions have also been put in place at Red Cross blood drives to protect the health and safety of donors and staff.

Since blood donations can only be stored for a limited amount of time, it is crucial that we maintain a regular flow of donations to preserve a quality supply for emergency situations.

Here in our community, the Cleveland Area Hospital Auxiliary can be found hosting its 11th year of blood drives at the First Christian Church. Blood drives are held the second Thursday of even months with the next event being held on December 10th, 2020.

Please schedule your appointment in advance: Call 1-800-REDCROSS or visit RedCrossBlood.org and enter: clevelandok



Cleveland Area
HOSPITAL AUXILIARY

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Interest Rates and Interest Charges	
Annual Percentage Rate (APR) for Credit Extensions	0.00% Introductory APR for the first twelve (12) months After that, your APR will be 8.00%
Paying Interest	You will be charged interest from the date of the Credit Extension.
Minimum Interest Charge	If you are charged interest, the charge will be no less than \$0.50 .
Fees	
Annual Fee	\$0.00 / Waived
Penalty Fee: Returned Payment Fee	\$25.00

Amount Financed	12 Month Plan	24 Month Plan	36 Month Plan
\$250	\$20.83	—	—
\$500	\$41.67	\$21.30	—
\$750	\$62.50	\$31.95	\$21.98
\$1,000	\$83.33	\$42.60	\$29.30
\$1,250	\$104.17	\$53.25	\$36.63
\$1,500	\$125.00	\$63.90	\$43.95
\$2,000	\$166.67	\$85.20	\$58.60
\$3,000	\$250.00	\$127.80	\$87.90
\$4,000	\$333.33	\$170.40	\$117.20
\$5,000	\$416.67	\$213.00	\$146.50



NOT ALL HEROES WEAR CAPES... BUT ALL OF THEM WEAR MASKS.

Cleveland Area
Hospital *Wear a mask.
Save lives.*

Wear your Mask Correctly

- Wash your hands before putting on your mask
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- CDC does not recommend use of masks or cloth masks for source control if they have an exhalation valve or vent.

Wear a Mask to Prevent Getting and Spreading COVID-19

- Wear a mask that covers your nose and mouth
- Wear a mask in public settings when around people who don't live in your household, especially when it may be difficult for you to stay six feet apart
- Wear a mask correctly for maximum protection
- Don't put the mask around your neck or up on your forehead
- Don't touch the mask, and, if you do, wash your hands or use hand sanitizer to disinfect

Follow Everyday Healthy Habits

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available

Take Off Your Mask Carefully, When You're Home

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place mask in the washing machine (learn more about how to wash masks)
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.



Centers for Disease
Control and Prevention
National Center for
Health Statistics



LAKE AREA
MEDICAL ASSOCIATES
A V.A. Credentialed Clinic

Family Practice
Charles O'Leary, PA-C

We Hustle for Veterans!



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918-358-3588

Rehab for Parkinson's



Physical Therapy aims to keep those with Parkinson's Disease moving for as long as possible and to prevent them from losing their independence.

Paige Powell, PTA, has been trained in various manual therapy techniques as well as those specific for Parkinson's patients to include:

- Cupping Techniques for Soft Tissue Pain
- LSVT BIG to Address Neurological Issues
- Kinesio-Taping
- Jones Strain-Counterstrain Technique to Address Sympathetic Nervous System for Pain Reduction
- Benign Paroxysmal Positional Vertigo Correction

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